

UNIVERSITY OF CENTRAL ARKANSAS
BACHELOR OF SCIENCE IN KINESIOLOGY
(Exercise Science) CHECK SHEET

NAME \_\_\_\_\_ ID NUMBER \_\_\_\_\_ ADVISOR \_\_\_\_\_

FIRST DATE TO SEE ADVISOR \_\_\_\_\_ DATE ENTERED UCA \_\_\_\_\_

CLASSIFICATION \_\_\_\_\_ TRANSFER FROM (COLLEGE/DEPARTMENT) \_\_\_\_\_

General Education 47 Hours

Transitional Courses: UNIV 1300/1301/1340/1100
(Must take first semester if individual ACT scores in English, Reading and Math are below 19)

Mathematics (3 hrs) 1390/1392/1395/1491/1580/1591^
Health Studies (3 hrs) H ED 1320 or KPED 1320^\*
Oral Communications (3 hrs) SPCH 1300^

American History and Government (3 hrs)

HIST 2301 or 2302 or PSCI 1330

Humanities (3 hrs)

ENGL 1350/55/2370/80/90 WLAN 2315/25
PHIL 1301 or 2305/25/60 HONC 1310 or HONC 2310
FREN/GERM/SPAN 2320 FYFS 1301

Behavioral and Social Sciences (6 hrs)

PSYC 1300 required^ PSCI 1300/30 or 2300
SOC 1300 or ANTH 1302 ECON 1310 or ECON 2310
HONC 1320 or HONC 2310 GEOG 1300/05

Fine Arts (3 hrs)

ART 2300 - Art Appreciation
FILM 2300 - Film Appreciation
MUS 2300 - Music Appreciation
THEA 2300 - Theatre Appreciation
HONC 2320 - Honors Core IV

Natural Sciences (8 hrs)

BIOL 1400 or 1440 (4 hrs min. required)^
PHYS 1400 or PHYS 1405/10 or 1441^ or
CHEM 1400/1402/1450^ (4 hours min required)

Writing (6 hrs)

WRTG 1310^+ or HONC 1310^+ and
WRTG 1320^+ or HONC 1320^+

Note: English 1310 & 1320 must be taken during first two semesters of enrollment

World Cultural Traditions (9 hrs)

HIST 1310 or 1320 (3 hrs. min. required)
ENGL 2305 or 2306 (3 hrs. min. required)
PHIL 1330 or FYFS 1310 or RELG 1320 or
LING 2350 or HONC 2310 or HIST 1310 or
HIST 1320 or ENGL 1330, 2305 or 2306
(3 hrs. minimum required)

Kinesiology Requirements 52 hours (41 UD)

Table with 3 columns: Course Name, Credit Hours, and UD Hours. Includes courses like Condition Act/Wt Train, Workshop: Group Exercise, Exercise Leadership, etc.

KPED RELATED REQUIREMENT (3 UD hrs)

The related requirement to support professional interest must be approved by the major advisor and must be at the 3000 or 4000 level

SPECIAL DEGREE REQUIREMENTS

The BS degree requires completion of one year in math (excluding UNIV1340) or a laboratory science (i.e., 2 courses in Biology or 2 courses in Chemistry or 2 courses in Physics). General education courses cannot be used to satisfy the additional year of math or science.

^ A grade of C or better is required

\* Field Experience or Application project required outside of class

Note: A Grade of C or better is required in all KPE courses

40 hours 3000 & 4000-Upper Division Credit required

NOTE: Courses may be used only once to satisfy the general education requirements

Program is Under Revision

**MINOR REQUIREMENTS (18 hrs)**

**Minor Advisor:** \_\_\_\_\_

At the present time, a minor in Family and Consumer Education is required with an emphasis in nutrition. Minor course work must be approved by the major advisor as well as the minor advisor.

\_\_\_NUTR 1300 Nutrition in the Life Cycle (required)

\_\_\_NUTR 3370 Advanced Nutrition (required)

\_\_\_NUTR 4315 Sports Nutrition (required)

\_\_\_FACS \_\_\_or\_\_\_ NUTR\_\_\_(elective)

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Preferred Electives

FACS 2341 - Lifespan Development

NUTR 3390 - Nutrition and Metabolism

NUTR 4395 - Nutrition: Contemporary Issues

**CERTIFICATIONS:**

CPR/First Aid^ (Current CPR-First Aid Certification Required for Admission to Program)

Certification must be current throughout the degree program. Copy of certification card must be filed annually with the major advisor in August prior to the start of the fall semester to be eligible for retention in the program.)

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One approved national professional certification must be on file with the major advisor and the Academic Coordinator for Internship Education prior to submitting the internship application. Students are strongly encouraged to be knowledgeable of the requirements of potential certification organizations, the schedule of certification exams and the timeline for notification of certification as each of these factors impact students' timeline for submitting an application for internship. Students should discuss their prospective selection of certifications with their academic advisor and Academic Coordinator for Internship Education during the junior year.

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**FITNESS TEST: Students must pass a departmental health-related fitness test prior to enrollment in final semester of the program. Students will find detailed information regarding the fitness test items, standards, procedures for registration and test administration on the departmental Web Page as well as posted on the Farris Center Fitness Testing Bulletin Board.**

Revised December 2009