

**Mental Health Counseling
MASTER'S DEGREE GRADUATE PROGRAM
University of Central Arkansas**

There are two tracks in the Mental Health graduate (master's) program at UCA:

Traditional Counselor Track – a program of study that prepares the student to apply for licensure as a counselor by the Arkansas Board of Examiners in Counseling. Emphasizes counseling in community and mental health settings. This track tends to be more applied than the Research/Counseling Track (below).

Year	Fall	Spring	Summer
1	P6398 Legal & Ethical Issues ¹	P6314 Psychopathology	P6325 Treatment of Addiction
	P6354 Theories of Psychotherapy ¹	P6356 Group Therapy	Elective II
	P6370 Adv. Developmental Psych	C6350 Counseling Process & Skills	
	Elective I	C6360 Research Methods	
	12 hours	12 hours	6 hours
2	C6381 Counseling Practicum I	C6382 Counseling Practicum II	C6342 Career Counseling
	P6355 Multicultural Counseling	Elective IV (Adv. Social Psych)	P6372 Psychopharmacology
	P6393 Marriage & Family Therapy	C6334 Analysis of the Individual	
	Elective III	Comprehensive Exam	
	12 hours	9 hours	6 hours
3	C6341 or C6642 Counseling Internship		
	3 hours		Total 60 hours

Research/Counseling Track – a program of study that prepares the student to apply research-oriented skills in a variety of settings. Should be of particular interest to those students interested in applying for a more advanced degree (Ph.D.) in counseling or psychology. This program also makes one eligible to apply for licensure as a counselor by the Arkansas Board of Examiners in Counseling.

Year	Fall	Spring	Summer
1	P6398 Legal & Ethical Issues ¹	P6314 Psychopathology	P6325 Treatment of Addiction
	P6354 Theories of Psychotherapy ¹	P6356 Group Therapy	Elective II
	P6370 Adv. Developmental Psych	C6350 Counseling Process & Skills	
	P6330 Adv. Psychological Statistics (Elective I)	P6331 Research Design ²	
	12 hours	12 hours	6 hours
2	C6381 Counseling Practicum I	C6382 Counseling Practicum II	C6342 Career Counseling
	P6355 Multicultural Counseling	Elective IV (Adv. Social Psych)	P6372 Psychopharmacology
	P6393 Marriage & Family Therapy	C6334 Analysis of the Individual	
	P6361 Problems in Psychology/Independent Research (Elective III)	Comprehensive Exam	
	12 hours	9 hours	6 hours
3	C6341 or C6642 Counseling Internship		
	3 hours		Total 60 hours

¹ P6398 and P6354 must be taken in the first semester of the program.

² P6331 substitutes for C6360 in the Doctoral Prep/Research Track.

See Graduate Bulletin for program and specific course prerequisites

THE STUDENT IS ULTIMATELY RESPONSIBLE FOR HIS/HER PROGRAM OF STUDY